

IQAC Report on motivational programme

IQAC of Holy Cross Home Science College in collaboration with Rotary club of Virudhunagar and Rotary club of Tuticorin trailblazers organize a one day motivational programme for all the students on topic "Yathumanaval 51.0" on 26/06/2023 inside the college premises Dr.Jayanthasri Balakrishnan was the chief guest for the programme. She gave a talk on the qualities of women who is "Yathumanaval" in the society. She spoke about gratitude, concentration and to look at the problem from other persons points of view. These qualities will surely make a women "Yathumanaval". After her speech, students raise up to ask many questions related to their life. They ask how to be self confident, how to achieve their goals, how to control anger, how to overcome stress and depression, and about her inspiration etc.,



Dr.Jayanthasri Balakrishnan gave beautiful and challenging answers to all the questions asked by the students. The students were highly motivated by her speech. 600 college students along with 100 school students, alumni students, parents and rotary club members participated in this programme and got benefited. This was an eye opening to all of us.

S. Shree
26/6/23
for 26/06/2023

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